

PARTICIPANTS:

The Center is non-denominational and serves seniors aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment or leave a message with a call back number.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Douglas MacArthur Elementary School. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 540-773-9848, at least one day in advance before 11:00 am.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hesper
- Alexandria Senior Taxi: 703-746-5999 x1
- **Arlington County Agency on Aging: 703-228-1700**
- **Fairfax Area Agency on Aging: 703-324-7948**
- **Prince William Area Agency on Aging: 703-792-6374**
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766 Anne Coyne**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Anne Coyne, St. Martin de Porres Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



October 2022

4650 Taney Ave. Alexandria, 22304

Phone: 703-751-2766

www.cdda.net

CENTER OPEN: MONDAY – FRIDAY
8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 8:00 A.M. – 4:00 P.M.

Happy Birthday!

October Birthdays!

01 – Aurora Ramirez

04 – Alan Jordan

10 – Bernadette Hughes

13 – Tyrone Word

20 – Ruth Clyburn

24 – Albert Simms



Our Birthday Party will be on Wednesday, October 19th with DJ Robby G!

by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.



We now have 3 ESL classes during the week!

Tuesdays at 10:00 Beginner ESL

Tuesdays at 11:00 Intermediate ESL

Thursdays at 10:00 Very Basic Beginners ESL (For those who are new to ESL)



Reminder

Center Closed:

10/7 All Staff

10/10 Indigenous People/Columbus Day

10/12 Field Trip

10/26 Field Trip



-Bus reservations must be made at least one day in advance

FIELD TRIPS

Wednesday, October 12: National Museum of American History - Molina Family Latino Gallery

The Molina Family Latino Gallery's inaugural exhibition, ¡Presente! A Latino History of the United States is an introduction to critical concepts, moments, and biographies that shine a light on the historical and cultural legacy of U.S. Latinas and Latinos. Seating on the bus is limited to 28 seats, open on a first come first serve basis. **Bus pick up begins at 8:30 and we will be leaving the center at 9:30. Last day to sign up is October 11 at 11:00. Please sign up with Maria in person.**



Friday October 26: Picnic and Outing at Cox Farms Farmers Market

We will be going on an outing to Cox Farm to enjoy the nice fall weather and have a chance to shop at a Farmers market. This will be a relaxing trip, where we will have a picnic at Cox Farm and get pumpkins, apples, or corn if you need some fall decor! **Bus pick up begins at 8:00 and we will be leaving the center at 9:00. Last day to sign up is October 11 at 11:00. Please sign up with Maria in person.**